



# Too Good for Drugs

## Delaware County Schools

**D**uring the 2013-2014 school year, 3,064 sixth through eighth grade middle school students from Big Walnut Local Schools, Delaware City Schools, Olentangy Local Schools, and Buckeye Valley Local Schools participated in the Too Good for Drugs program.

The curriculum focused on strengthening six social competency areas:

- Goal setting and decision-making,
- Bonding with prosocial peers,
- Social and peer resistance skills,
- Emotional competency/self-efficacy,
- Perception of harmful effects of drugs, and
- Attitudes towards drug use.

And on decreasing middle school students' intention to use alcohol, tobacco, and marijuana.

### Program Highlights

Middle school students reported statistically significant improvements in all six social competency areas:

- Goal setting and decision-making,
- Bonding with prosocial peers,
- Social and peer resistance skills,
- Emotional competency/self-efficacy,
- Perception of harmful effects of drugs, and
- Attitudes towards drug use.

Results are based on pre-post surveys completed by the students.

Nearly 75% of all students reported that they either improved or maintained in at least five areas:

- More than 80% of all students demonstrated improvement or maintenance in goal setting and decision-making, bonding with prosocial peers, social and peer resistance skills, perception of harmful effects of drugs, and attitudes towards drug use.

More than 91% of students who participated in the Too Good for Drugs program reported that they increased or maintained their intention not to use tobacco, alcohol, and marijuana.

### Program Satisfaction

Teachers reported high levels of program satisfaction. 90% of teachers who received Too Good For Drugs in their classrooms thought that the program was a valuable experience for their students and reported that they were satisfied with the program presented.

### Quotes:

- *My kids enjoyed the activities and skits and were comfortable asking questions and participating.*
- *My students loved the classes with the instructor. Disappointed when the program ended.*



**118 Stover Drive**  
**Delaware, Ohio 43015**  
**740-369-6811**