

# Too Good for Drugs – Grades 6-8

Teacher: \_\_\_\_\_

Date: \_\_\_\_\_

School: \_\_\_\_\_

Grade: \_\_\_\_\_ Class Period: \_\_\_\_\_

Time of Survey: (circle one): **Pretest** **Posttest**

## Directions

Fill in the information above. Enter your "code letters" in the spaces below. For each statement, circle the letter of the answer (A, B, C, D or E) that best describes what you think or feel.

Student Code:

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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*from code sheet*

1. I have the skills to figure out how to reach my goals.  
 A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
2. When I set a goal, I tell myself "I can do it."  
 A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
3. When I set a goal, I picture myself reaching that goal.  
 A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
4. When I set a goal, I think about what I need to do to reach my goal.  
 A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
5. I think about the consequences or what might happen before I make a decision.  
 A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
6. I make good decisions because I stop and think.  
 A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
7. Most of my friends smoke cigarettes.  
 A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
8. My best friends would not like it if I smoked cigarettes.  
 A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
9. Most of my friends drink alcohol (beer, wine, liquor).  
 A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
10. My best friends would not like it if I drank beer, wine, or other types of alcohol.  
 A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree

## Student Survey

11. Most of my friends use marijuana.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
12. My best friends would not like it if I used marijuana.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
13. If a group of kids called me over to try some marijuana, I could just ignore them.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
14. If I was at a party and someone tried to hand me a can of beer, I could say, "No thanks, I don't drink."  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
15. If a friend of mine had a cigarette and wanted us to smoke it, I could say, "I have a better idea, let's go outside and do something else."  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
16. I know how to stand up for myself if a friend wanted me to do something I knew was wrong.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
17. I know many peer-pressure refusal strategies to help me avoid pressure to smoke, drink, or use marijuana.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
18. I am confident that I can use my peer-pressure refusal strategies to avoid pressure to smoke, drink or use marijuana.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
19. I know how to express in words what I feel inside.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
20. I am responsible for choosing to live a safe and healthy life.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
21. I know healthy ways to help me relax when I feel stressed.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
22. I can do anything I put my mind to.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
23. I use "I feel" messages to share my feelings with other people.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
24. I can change what might happen tomorrow by what I do today.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
25. Students my age risk harming themselves if they smoke cigarettes once or twice a week.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
26. Students my age risk harming themselves if they smoke cigarettes nearly every day.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree

## Student Survey

27. Students my age risk harming themselves if they drink alcohol once or twice a week.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
28. Students my age risk harming themselves if they drink alcohol nearly every day.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
29. Students my age risk harming themselves if they use marijuana once or twice a week.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
30. Students my age risk harming themselves if they use marijuana nearly every day.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
31. I might smoke cigarettes when I get older.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
32. It's wrong for someone my age to smoke cigarettes.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
33. I might drink alcohol when I get older.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
34. It's wrong for someone my age to drink beer, wine or liquor.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
35. I might use marijuana when I get older.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
36. It's wrong for someone my age to smoke marijuana.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
37. I have decided I won't smoke cigarettes anytime in the next year.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
38. I have decided I won't drink any alcohol anytime in the next year.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree
39. I have decided I won't use marijuana anytime in the next year.  
A. Strongly agree    B. Agree    C. Not sure    D. Disagree    E. Strongly disagree