

Looking for More?

Supplemental Activities & Resources



Community Activity

As a class, choose one way to show kindness and caring in your school or community. Pick up trash in front of the school, for example, or send letters of appreciation to the school neighbors or the office staff. Spread the spirit of a peaceable place.



Physical Activity Extender

Make a path on the classroom floor with the footprints your students made in this lesson. Use these tracks as a big game board and have children hop or jump along the path as they name ways to make their classroom a peaceable place.



Puppet Practice

1. Use puppets to re-enact classroom conflicts. Puppets seem distant enough from real life for children to feel safe in acting out conflict situations and trying out different solutions. Instead of naming the children involved, pretend that the conflict occurred between puppets. Stop in the middle of the action and ask questions, such as, "Why do you think she is angry?" "How would you feel if this happened to you?" This is a great way to build empathy by helping children to see other points of view.
2. Use puppets to practice social skills. A shy child who won't approach other children alone may be willing to open up and talk through the alter ego of a puppet. Give children an opportunity to improve their skills through role-play by allowing some time for unstructured activities with puppets.
3. Use puppets to teach problem-solving. Set up a conflict between two puppets and then have one of the puppets turn to the class and ask, "What should I do next?" After you have presented the conflict, encourage children to problem-solve together using one of these alternatives:
 - A. turning to a classmate to talk about some possible solutions
 - B. meeting in groups of three or four to discuss the problem presented by the puppets
 - C. discussing the problem with the entire class.



Recommended Reading

Mr. Nick's Knitting, by Margaret Wild. Harcourt, 1994. Mr. Nick and Mrs. Jolly are good friends. Mr. Nick is very kind to Mrs. Jolly when she is in the hospital.

Wilfred Gordon McDonald Partridge, by Mem Fox, Kane/Miller Book Publishers, 1991. This is a touching story of a young boy reaching out with kindness to the elderly.



Recommended Reading continued

The Adventures of Frog and Toad, by Arnold Lobel. Barnes & Noble Books, 1998. This compilation includes the complete text and illustrations of three “I Can Read” adventures of Frog and Toad. Two of the most beloved characters in children’s literature show the meaning of friendship.

The Children’s Book of Virtues, by William J. Bennett. Simon and Schuster, 1995. A collection of stories and poems presented to teach virtues, including compassion, courage, honesty and friendship.

Digby and Kate and the Beautiful Day, by Barbara Baker. NAL, 1998. Digby and Kate are as different as can be—Digby is a dog and Kate is a cat—just like Carmen and Wagner! Even with their differences, they are best friends. The themes of the stories in this book are taking fair turns, playing by fair rules and making the best of situations.



Suggested Video

No One Quite Like Me...Or You. Sunburst Visual Media. This 17-minute video encourages viewers to see differences as valuable. It also points out that we are alike in many important ways. To order or preview, call (800) 431-1934 or visit www.sunburstvm.com.

Looking for More?

Supplemental Activities & Resources



Art Extender

We have been talking about how special people can be—how we are each special because we are unique just like the puppets we made. Have the children think of someone they admire. Think of why that person is special. What qualities does that person have that make him or her special? Have the children draw a picture of their special person and then write the qualities around their picture.



Recommended Reading

Imogene's Antlers, by David Small. Crown Publishers, 2000. When Imogene wakes up one morning with antlers, it is fun to see everyone's reaction. This story is a cause for celebrating differences and diversity.

Mrs. Katz and Tush, by Patricia Polacco. Yearling Books, 1994. This story explores the friendship of an old Jewish woman and an African American boy.

Sitting Ducks, by Michael Bedard. Grosset & Dunlap, 1998. A duck is befriended by an alligator in a town where alligators eat ducks. Their friendship blooms.

The Brand New Kid, by Katie Couric. Doubleday Books, 2000. Lazlo is hoping for a kind face in his new classroom. After all the kids make fun of him, two kids finally do the right thing and teach the others that Lazlo is the same as everyone else.

The Straight Line Wonder, by Mem Fox. Mondo Publishing, 2002. This is the story of a straight line who dares to be different, no matter what his friends think.



Suggested Video

Sooper Puppy: What's the Difference? Coronet/MTI Film and Video. In this video, Baxter the puppy learns that we all have differences, and that it is unfair to call names or prejudge others on the basis of differences without getting to know the real person inside. To preview or purchase, contact Coronet/MTI Film and Video, 2349 Chaffee Drive, St. Louis, MO 63146 or call (800) 221-1274 or visit www.phoenixlearninggroup.com for other guidance videos.

Looking for More?

Supplemental Activities & Resources



Physical Activity Extender

Doggie, Doggie, Where's My Bone?

The popular game, "Doggie, Doggie, Where's My Bone?" may be adapted to reinforce the use of I-messages. In this game, the student who is the "doggie" sits in front of the class with her/his eyes closed and with her/his back to the other students. A chalkboard eraser, the "bone," is placed immediately behind the "doggie's" back.

The teacher points silently to select a student to steal the bone, and that student tiptoes up to the front of the room, takes the eraser and hides it in his/her desk.

The class then says in unison, "Doggie, Doggie, where's your bone? Somebody stole it from your home!"


This signals the "doggie" to turn and face the class in order to find out who has the missing bone. The doggie must do this by choosing the student that she/he believes to be the bone-snatcher, and using an I-message: "Student's name, I feel sad when I don't have my bone. I want my bone back. Do you have it?"


*If the student is the bone-snatcher, he/she must give the bone back, and become the dog. If the student is **not** the bone-snatcher, they should say, "No, doggie, I do not have your bone."*



Music Extender

"When You're Angry and You Know It," an adaptation of the song "If You're Happy and You Know It," can be used to reinforce the concept of self-discipline or impulse control. The song was included in Too Good for Violence curriculum for kindergarten and grade 1. Students who have had Too Good for Violence in earlier grade levels will be familiar with the song. Add accompanying gestures if you like—they add quite a bit to the fun!

 **When you're angry and you know it, Stop and think!**
When you're angry and you know it, Stop and think!
When you're angry and you know it,
Then your face will surely show it,
When you're angry and you know it, Stop and think!

 **When you're calmer and you know it, Tell a friend!**
When you're calmer and you know it, Tell a friend!
When you're calmer and you know it,
Then your face will surely show it,
When you're calmer and you know it, Tell a friend!



When you're peaceful and you know it, Share a smile!
When you're peaceful and you know it, Share a smile!
When you're peaceful and you know it,
Then your face will surely show it,
When you're peaceful and you know it, Share a smile!



Recommended Reading

Ronald Morgan Goes to Bat, by Patricia Reilly Giff. Penguin Putnam Books for Young Readers, 1990. An awkward but enthusiastic beginning ball player is discouraged because he cannot hit the ball. This book helps children to deal with difficult feelings and to overcome challenges.

Today I Feel Silly and Other Moods That Make My Day, by Jamie Lee Curtis. Harper Collins Publishers, 1998. A rhyming verse illustrated in bright, colorful drawings of different feelings.

Feeling Jealous, by Sarah Levite. Millbrook Press, 1999. Five children discuss experiences they have had.

Ira Says Goodbye, by Bernard Waber. Houghton Mifflin, 1991. Ira's best friend Reggie is moving out of town. This book portrays Ira's fears, anger and jealousy with honesty and humor.

Looking for More?

Supplemental Activities & Resources



Language Arts Extender

Have each student divide a piece of paper into four sections. In the upper left-hand section, have the student write a You-message. If space allows, seat your students in a circle on the floor. Have each student roll his or her paper into a ball and toss it to the center of the circle. Have each student retrieve a "ball" from the center of the circle, spread it out, read the You-message and revise it by writing an I-message in the upper right-hand corner. Repeat the activity once more, using the remaining sections. If you have the space, students really enjoy doing this in a large group and going to the center of a large circle to get a "ball." If not, divide your class into several smaller circles.



Recommended Reading

Carmen and Wagner Make Friends, by Neal Starkman. Mendez Foundation, 1998. This book features Carmen and Wagner, stars of *Too Good for Drugs* and *Too Good for Violence*. To order, visit the on-line store at www.mendezfoundation.org or call (800) 750-0986.

The Berenstain Bears Forget Their Manners, by Stan and Jan Berenstain. Picture-books, 2003. Mama Bear has to do something to help correct the Bear family's rude behavior.

A Big Fat Enormous Lie, by Marjorie Weinman Sharmat. Puffin Books, 1993. The only thing that makes the lie go away is telling the truth.

Freckles, by Ellen Bryant Lloyd. Butterfly Creations, 2000. Freckles is the story of a lost puppy. It teaches the importance of listening to your heart, respect, compassion for others and the value of standing up for what you believe.

Tree House Trouble, by Beverly Lewis. Bethany House Publishers, 1998. Book 10 in The Cul-De-Sac Kids chapter book series for young readers. There's trouble in the cul-de-sac when Abby Hunter and the girls decide to build a girls-only tree house, and the boys don't think it's a good idea!



Suggested Video

Carmen and Wagner "Friends R Happening". Mendez Foundation. Carmen the Cool Cat and Wagner the Peaceable Pup learn how to make friends. To order, visit the on-line store at www.mendezfoundation.org or call (800) 750-0986.

Looking for More?

Supplemental Activities & Resources



Language Arts Extender

Help your class to build their peacekeeping vocabulary by adding the homonyms “pause” and “paws” to their spelling test for extra credit. Set up a Peace Table in one corner of your classroom. When children have a conflict, they may go there to talk it out. Place some paws on the table to remind students to pause. They should open their fists and place their hands on the paws until they calm down. This encourages self-discipline and also appeals to second graders’ delightful sense of silliness.



Music Extender

Reinforce this lesson by singing “The STOP Song,” on workbook page 6, and “When You’re Angry and You Know It,” on page 58, often.



Recommended Reading

Being Angry by Julie Johnson. Millbrook Press, 1999. Practical suggestions for coping with difficult situations.

Best Friends, by Steven Kellogg. Dial Books, 1990. Louise and Kathy are best friends. It is hard for Kathy when Louise goes away for the summer. At first, it is also hard when she comes home, until the two friends work out their conflict and raise a puppy together.

It’s Mine, by Leo Lionni. Alfred A. Knopf, 1999. Three fighting frogs discover the joy of sharing.

The Rat and the Tiger, by Keiko Kasza. Rat stands up for his rights after he has been bullied by Tiger, and the two friends work it out.



Suggested Video

I Get So Mad! Sunburst Visual Media. This 13 minute video shows three scenarios which could provoke anger and presents age-appropriate techniques for coping. Includes songs and discussion questions to show it is okay to feel mad and to talk about it, but it is not okay to act aggressively. To order call (800) 431-1934 or visit www.sunburstvm.com.

Looking for More?

Supplemental Activities & Resources



Recommended Reading

The Apple King, by Francesca Bosca and Giuliano Ferri. North South Books, 2001. A delightful tale of a greedy king who finally learns to share. Beautiful illustrations and characters make this story truly enjoyable.

Chicken Sunday, by Patricia Polacco. Putnam Juvenile, 1998. This is a story of respect, unselfish love, friendship and family bonds.

Loudmouth George and the Sixth Grade Bully, by Nancy Carlson. Carolrhoda Books, Inc. 2003. After having his lunch repeatedly stolen by a bully twice his size, George and his friend Harriet think of some solutions for his problem.

One of Each, by Mary Ann Hoberman. Little, Brown Young Readers, 2000. Oliver Tolliver, a very dapper hound dog, finds out that everything is more fun when you share with a friend.

Pinky and Rex and the Bully, by James Howe. Alladin Paperbacks, 1996. Pinky learns how to handle a bullying problem and how to be true to himself.



Suggested Video

Stop Picking on Me! Sunburst Visual Media. This program for students K-2 depicts different kinds of bullying and shows kids what they can do when they or their friends are bullied. It demonstrates simple strategies to help children who are targeted by bullies. To preview or order, call (800) 431-1934 or visit www.sunburstvm.com.

Looking for More?

Supplemental Activities & Resources



Music Extender

Teach your students to sing "There Is Always Something You Can Do," by Sarah Pirtle. The words and the music are available on-line at the following website: www.sarapirtle.com. Students who have had *Too Good for Violence* in earlier grade levels may be familiar with this song.



Recommended Reading

Arnie and The New Kid, by Nancy Carlson. Penguin Putnam Books for Young Readers, 1992. Arnie teases newcomer Philip because he is confined to a wheelchair. When Arnie breaks a leg, he begins to see life from a different perspective.

Heidi's Irresistible Hat; Willie's Noisy Sister; Amy's Disappearing Pickle. Kids Can Choose Series, by Elizabeth Crary. Parenting Press, 2000-01. These books emphasize problem-solving techniques including brainstorming possible solutions; anticipating how each action will affect others; and selecting the best solution for the situation. Each story presents alternatives to consider, and every choice leads to a different ending. For children ages 4 - 10.

I Wish That I Had Duck Feet, by Theodor LeSieg. Random House, 1991. A boy imagines ways that he could stand out from the other kids and deal with the neighborhood bully.

The Blind Men and the Elephant, retold by Karen Backstein. Scholastic, 1992. When the prince gets an elephant, six blind men form a different impression of what the elephant is like by touching just one part of the elephant. They argue among themselves until the prince tells them that they are all right.

The Velveteen Rabbit: Or How Toys Become Real, by Margery W. Bianco. Vermilion, 2000. The classic story of a stuffed rabbit who, after many years, becomes a real rabbit through love.